






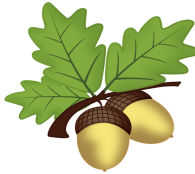
# September

## 2022 SD K-8 Lunch



Kern County  
Superintendent of Schools

Advocates for Children

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 No School Today</p> <p><b>LABOR DAY</b></p> 	<p>3 CARNE ASADA TACOS TACO SLAW PICO SALSA JICAMA STICKS LIME WEDGE Whole Fruit 1 Ea MILK CHOICE</p>	<p>4 CHEESY BEEF PASTA GREEN SALAD BABY CARROTS RANCH DRESSING Whole Fruit 1 Ea MILK CHOICE</p>	<p>5 MANDARIN ORANGE CHICKEN BROWN RICE VEGETABLE MEDLEY BROCCOLI &amp; CARROTS Whole Fruit 1 Ea MILK CHOICE</p>	<p>6 HOT DOG BUN BEEF HOT DOG RANCH BEANS MUSTARD RELISH Whole Fruit 1 Ea MILK CHOICE</p>
<p>9 CHICKEN TOSTADAS REFRIED BEANS SHREDDED LETTUCE SALSA SHREDDED CHEESE SOUR CREAM Whole Fruit 1 Ea MILK CHOICE</p>	<p>10 CARNITAS TACOS TACO SLAW PICO SALSA JICAMA STICKS LIME WEDGE Whole Fruit 1 Ea MILK CHOICE</p>	<p>11 CHICKEN ALFREDO GREEN SALAD BABY CARROTS RANCH DRESSING Whole Fruit 1 Ea MILK CHOICE</p>	<p>12 SHRIMP FAJITAS CILANTRO LIME RICE BLACK BEANS BABY CARROTS LIME WEDGE MILK CHOICE</p>	<p>13 BEEF TAQUITOS CUCUMBER &amp; TOMATOES SALSA SOUR CREAM TAJIN Whole Fruit 1 Ea MILK CHOICE</p>
<p>16 CHICKEN EGG ROLL BROCCOLI SALAD SWEET &amp; SOUR SAUCE Whole Fruit 1 Ea MILK CHOICE</p>	<p>17 TURKEY CURRY TACOS TACO SLAW PICO SALSA JICAMA STICKS LIME WEDGE Whole Fruit 1 Ea MILK CHOICE</p>	<p>18 BEEF SPAGHETTI GREEN SALAD BABY CARROTS RANCH DRESSING Whole Fruit 1 Ea MILK CHOICE</p>	<p>19 SOUTHWEST CHICKEN BOWL CILANTRO LIME RICE LIME WEDGE Whole Fruit 1 Ea MILK CHOICE</p>	<p>20 DOUBLE CHEESEBURGER SHREDDED LETTUCE TOMATO SLICE PICKLES BABY CARROTS MUSTARD Whole Fruit 1 Ea MILK CHOICE</p>
<p>23 BBQ ROASTED CHICKEN BBQ SAUCE POTATO SALAD BBQ BEANS Whole Fruit 1 Ea MILK CHOICE</p>	<p>24 BEEF BIRRIA TACOS TACO SLAW PICO SALSA JICAMA STICKS LIME WEDGE Whole Fruit 1 Ea MILK CHOICE</p>	<p>25 HOMEMADE MAC &amp; CHEESE GREEN SALAD BABY CARROTS RANCH DRESSING Whole Fruit 1 Ea MILK CHOICE</p>	<p>26 KOREAN BEEF BOWL BROWN RICE CANNED VEGETABLES BABY CARROTS SOY SAUCE Whole Fruit 1 Ea MILK CHOICE</p>	<p>27 PIZZA STICKS MARINARA SAUCE CUCUMBER &amp; TOMATOES TAJIN Whole Fruit 1 Ea MILK CHOICE</p>
<p>30 SPICY CHICKEN SANDWICH CUCUMBER COINS MAYONNAISE Whole Fruit 1 Ea MILK CHOICE</p>	  			

Menu Subject to Change

This institution is an equal opportunity provider

All Bread/Grain Items Are Whole Grain