

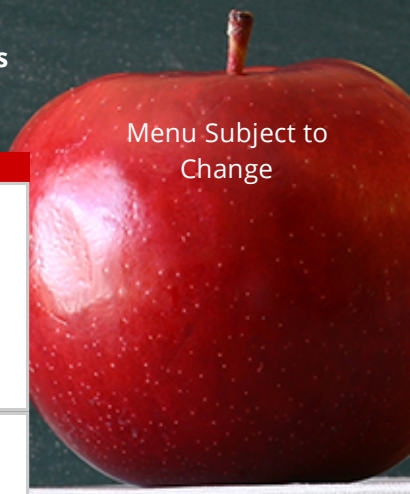


September







General After K-12 Breakfast



Kern County
Superintendent of Schools
Advocates for Children



Menu Subject to
Change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 No School Today</p> 	<p>3 WAFFLES - MINI BLUEBERRY APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	<p>4 MINI APPLE BITES Whole Fruit 1 Ea JUICE MILK CHOICE</p>	<p>5 COCOA PUFFS CEREAL Whole Fruit 1 Ea JUICE MILK CHOICE</p>	<p>6 CRUMB CAKE ORANGES, FRESH 1 EA JUICE MILK CHOICE</p>
<p>9 PB&J SANDWICH APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	<p>10 MINI FRENCH TOAST Whole Fruit 1 Ea JUICE MILK CHOICE</p>	<p>11 CEREAL BAR APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	<p>12 CINNAMON TOAST CRUNCHCEREAL APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	<p>13 PAN DULCE Whole Fruit 1 Ea JUICE MILK CHOICE</p>
<p>16 CEREAL BAR APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	<p>17 MINI MAPLE PANCAKES Whole Fruit 1 Ea JUICE MILK CHOICE</p>	<p>18 GRAPE FILLED CRESCENT Whole Fruit 1 Ea JUICE MILK CHOICE</p>	<p>19 TRIX CEREAL Whole Fruit 1 Ea JUICE MILK CHOICE</p>	<p>20 STRAWBERRY BAGEL Whole Fruit 1 Ea JUICE MILK CHOICE</p>
<p>23 MINI CONFETTI PANCAKES APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	<p>24 HONEY BREAKFAST BAR Whole Fruit 1 Ea JUICE MILK CHOICE</p>	<p>25 APPLE FRUDEL APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	<p>26 LUCKY CHARMS CEREAL APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	<p>27 BANANA BREAD Whole Fruit 1 Ea JUICE MILK CHOICE</p>
<p>30 MINI CINNIS APPLES, FRESH 1 EA JUICE MILK CHOICE</p>	    			

All Bread/Grain Items
Are Whole Grain

This institution is an equal
opportunity provider

