

November

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Waffle - Syrup (V) Blueberry Muffin (V) Cheerios & Educational Snacks Cracker (V)	2 Pancakes French Toast Muffin (V) Yogurt & Granola (V)	3 Strawberry Pancake Bowl (V) Bagel - Cream Cheese (V) Southwest Egg Scramble (V)	4 Banana Muffin (V) Zee Zees Cinnamon Crisp Bar (V) (DF)
7 Autumn Spice Muffin (V) Cinnamon Chex & Educational Snacks Cracker (V)	8 Waffle - Syrup (V) Bagel - Cream Cheese (V) Yogurt & Granola (V)	9 Strawberry Pancake Bowl (V) Strawberry Granola - Yogurt (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	10 Egg & Cheddar English Muffin Sandwich (V) Blueberry Chex (V) (DF) Vanilla Concha Bread (V)	11 NO SCHOOL VETERANS DAY
14 Corn Chex & Educational Snacks Cracker (V) French Toast Muffin (V)	15 French Toast Stick & Pancake (V) Autumn Spice Muffin (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	16 Southwest Egg Scramble (V) Yogurt & Educational Snacks (V) Zee Zees Cinnamon Crisp Bar (V) (DF)	17 Chicken Sausage & Cheddar Bagel Cinnamon Crumble (V) Vanilla Concha Bread (V)	18 Blueberry Bagel - Cream Cheese (V) Cinnamon Chex (V) (DF)
21	22	23	24	25
<p>← THANKSGIVING BREAK-NO SCHOOL →</p>				
28 Cheerios	29 French Toast Stick & Pancake (V) Lemon Muffin (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	30 Southwest Egg Scramble (V) Yogurt & Educational Snacks (V) Zee Zees Cinnamon Crisp Bar (V) (DF)		

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

surveymonkey.com/r/mealsatisfactionsurvey



revolution foods

This institution is an equal opportunity provider.
All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)
Vegetarian (V)

November

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Bites (DF) Vegan Jamaican Patty (V) (DF) Chicken Salad Sandwich (DF) Egg Salad Sandwich (V) (DF) Baby Carrots	2 Beef & Bean Burrito (DF) Flame-Broiled Beef Cheeseburger Cheese Sub Sandwich (V) Pinto Beans	3 Five Cheese Lasagna Chicken Teriyaki - Rice (DF) SunButter & Jelly Sandwich Kit (V) Romaine & Sliced Tomatoes	4 Cheese Enchilada - Rice & Black Beans (V) Pepperoni Pizza Coleslaw
7 All Beef Hot Dog (DF) Bean & Cheese Pupusa (V) SunButter & Jelly Sandwich Kit - String Cheese (V) Steamed Corn	8 Cheese Pizza (V) Pepperoni Pizza BBQ Chicken Wrap Roasted Sweet Potatoes	9 Oven Roasted Chicken Sandwich (DF) Green Chile Cheese Tamale - Rice & Black Beans (V) Cheese Sub Sandwich (V) Cilantro Lime Pinto Beans	10 Bean & Cheese Burrito (V) Chicken Bites - Ranchero Rice Cheese Pizza Kit (V) Romaine & Sliced Tomatoes	11 NO SCHOOL VETERANS DAY
14 Hamburger (DF) Cheese Pizza Calzone (V) SunButter & Jelly Sandwich Kit - String Cheese (V) Baby Carrots	15 THANKSGIVING FEAST	16 Chicken Bites (DF) Fried Rice - Edamame (V) Southwest Veggie Wrap (V) Carrots, Corn & Peas	17 Chicken and Sweet Potatoes Creamy Pasta Alfredo (V) SunButter & Jelly Sandwich Kit (V) Green Beans	18 Cheese Enchilada - Rice & Black Beans (V) BBQ Chicken Plate Garden Ranch Chicken Salad Pinto Beans
21 ←	22 ←	23 ←	24 ←	25 →
THANKSGIVING BREAK				
28 Hamburger Pizza Panada Pie Sunbutter Kit	29 Cheese Pizza (V) Pasta Penne Marinara & Meatballs Chicken Salad Sandwich (DF) Green Beans	30 Chicken Bites (DF) Fried Rice - Edamame (V) Southwest Veggie Wrap (V) Carrots, Corn & Peas		

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Vegetable of the Day

Dairy-Free (DF) & **Vegetarian (V)** options available daily. If not listed on the menu, available upon request