



ptember

# BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Buttermilk Pancakes (V) Blueberry Burst Bagel (V) Cinnamon Grahams (V)	2 Cheerios (V) Yogurt & Educational Snacks (V)
5	6 Cheerios (V) Cinnamon Chex with Educational Snacks (V)	7 Buttermilk Pancakes (V) Lemon Muffin (V) Yogurt & Cinnamon Grahams (V)	8 Egg Scramble Southwest (V) BlueBerry Chex (V) (DF) Plain Bagel (V)	9 Banana Muffin (V) Zee Zees Cinnamon Crisp Bar (V) (DF)
12 Cheerios (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	13 French Toast Sticks (V) French Toast Muffin (V) Plain Bagel (V)	14 Sausage & Cheddar Biscuit Cinnamon Grahams (V) Yogurt & Educational Snacks (V)	15 Egg & Cheddar English Muffin Sandwich (V) Blueberry Burst Bagel (V) Lemon Muffin (V)	16 Blueberry Burst Muffin (V) Cinnamon Crumble (V)
19 Cinnamon Chex with Educational Snacks (V) Cinnamon Crumble (V)	20 Waffle with Syrup (V) Banana Muffin (V) Cheerios (V)	21 Buttermilk Pancakes (V) French Toast Muffin (V) Yogurt & Cinnamon Grahams (V)	22 Classic Chicken Sausage & Cheddar Brekwich BlueBerry Chex (V) (DF) Plain Bagel (V)	23 Lemon Muffin (V) Zee Zees Berry Apple Crisp Bar (V) (DF)
26 Cheerios (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	27 French Toast Sticks (V) Blueberry Burst Muffin (V) Plain Bagel (V)	28 Sausage & Cheddar Biscuit Cinnamon Grahams (V) Yogurt & Educational Snacks (V)	29 Egg & Cheddar English Muffin Sandwich (V) Blueberry Burst Bagel (V) Lemon Muffin (V)	30 Banana Muffin (V) Cinnamon Crumble (V)

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/meals-survey](https://surveymonkey.com/r/meals-survey)



revolution foods

This institution is an equal opportunity provider.  
All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

**Dairy-Free (DF)**

**Vegetarian (V)**

# September

# LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BBQ Beef Rib Sandwich (DF) Bean and Cheese Pupusa (V) Veggie Chef Salad (V)	2 Cheese Pizza (V) Chicken Teriyaki w/ Brown Rice (DF) Chicken Salad Sandwich (DF)
5	6 All Beef Hot Dog (DF) Cheese Pizza (V) Bagel with Cream Cheese (V)	7 Creamy Pasta Alfredo (V) Oven Roasted Chicken Sandwich (DF) Cheese Sub Sandwich (V)	8 BBQ Beef Rib Sandwich (DF) Cheese Enchilada (V) Veggie Chef Salad (V)	9 Beef & Bean Burrito (DF) Cheese Pizza (V) Turkey Sandwich (DF)
12 Bean & Cheese Burrito (V) Crispy Chicken Sandwich (DF) Cheese Pizza Kit (V)	13 All Beef Hot Dog (DF) Bean and Cheese Pupusa (V) Cheese Sub Sandwich (V)	14 Breakfast for Lunch: Pancakes & Cheesy Omelet (V) Flame-Broiled Beef Cheeseburger Turkey Sandwich (DF)	15 Beef & Bean Burrito (DF) Pepperoni Pizza SunButter and Jelly Sliced Sandwich Kit (V)	16 Chicken Tamale with Seasoned Rice (DF) Hearty Veggie Chili with Cornbread (V) Classic Turkey & Cheddar Sandwich
19 All Beef Hot Dog (DF) Bean & Cheese Burrito (V) SunButter and Jelly Sliced Sandwich Kit (V)	20 Creamy Pasta Alfredo (V) Flame-Broiled Beef Hamburger (DF) Bagel with Cream Cheese (V)	21 Cheese Enchilada (V) Pepperoni Pizza Turkey Sandwich (DF)	22 BBQ Beef Rib Sandwich (DF) Pizza Panada Pie (V) Veggie Chef Salad (V)	23 Pasta with Zesty Beef Pretzel Nacho Calzoni (V) Turkey Sandwich (DF)
26 Bean & Cheese Burrito (V) Flame-Broiled Beef Hamburger (DF) Cheese Pizza Kit (V)	27 BBQ Chicken Drumstick with Cheesy Rice Crispy Chicken Sandwich (DF) SunButter and Jelly Sliced Sandwich Kit (V)	28 Cheese Pizza (V) Chicken Bites (DF) Bagel with Cream Cheese (V)	29 Breakfast for Lunch: Pancakes & Cheesy Omelet (V) Pepperoni Pizza Turkey Sandwich (DF)	30 Cheese Enchilada (V) Hot Meatball Sub Turkey Sandwich (DF)

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### Vegetable of the Day

**Dairy-Free (DF) Vegetarian (V)** options available daily – if not listed on the menu, available upon request